



**WELLBEING
NEWSLETTER**

Rehumanizing the Workplace: Hope for the Future of Work

by Rachel Druckenmiller

"Culture" and "engagement" have become popular buzzwords in recent years, as organizations compete to recruit and retain top talent. Many businesses and the leaders running them have prioritized efficiency over empathy, competition over connection, and power over purpose.

Despite the plethora of articles and books on those topics, 88% of Americans feel like they work for a company that doesn't care about them as human beings and sees them as a means to an end.

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Ask the Experts

Submit Your Questions!

Wellbeing in the workplace can be a confusing issue to navigate for companies of all shapes and sizes. Ask the Alera Group wellbeing team the tough questions on how to integrate wellbeing practices into your organization and why employee engagement matters.

Submit Your Question



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December Wellbeing Favorites: Insights & Media



Burnout: How To Know If You Have It (And How To



59 Awesome Employee Engagement Ideas & Activities for 2019



Ten Rules To Get Through The Holidays At Work

December can be an especially nerve-wracking

Overcome It If You Do)

It's no surprise: Americans are exhausted. In fact, one study found that nearly 40 percent of Americans wake up most days of the week still feeling sleepy.

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(Plus 11 New Bonus Ideas)

If most employees leave a company after just a few years, then the company never benefits from that golden combination of skills, talent, and critical institutional knowledge that helps business thrive.

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month at work, not only because the year is ending but because the winter holiday season can create extra stress and unpleasantness — even between co-workers.

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