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A graphic for the Employee Benefits Newsletter. It features a white, angular shape on the left containing the text "EMPLOYEE BENEFITS NEWSLETTER" in bold, black, sans-serif font. To the right is a photograph of a white ceramic mug with a snowflake pattern, a gingerbread cookie shaped like a snowflake, and a blurred background of warm, bokeh lights.

EMPLOYEE BENEFITS NEWSLETTER

Stay up to date with our February Employee Benefits Newsletter.

Our monthly newsletter is designed to deliver you a curated list of legal updates, informative webinars and current insights.

Upcoming Webinars

HIPAA Privacy & Security Overview

This live webinar is eligible for HRCI, SHRM and CEBS credits.

Wednesday, February 6 @ 11:00 a.m. - 12:00 p.m. CST

Join Stacy H. Barrow, Esq. for an overview of HIPAA's Privacy and Security Rules. During this webinar, Stacy will review the different types of entities subject to HIPAA, take an in-depth look at Protected Health Information (PHI), individual rights under HIPAA and what to do when there is a breach of PHI.

[Register](#)

How Top Workplaces Create Thriving Cultures

This live webinar is eligible for HRCI, SHRM and CEBS credit.

Wednesday, February 6 @ 2:00 - 3:00 p.m. CST



What does it take to be recognized as the best place to work and to create a thriving culture that draws in and retains employees? In thriving workplace cultures, employees feel valued, inspired and connected to their work and coworkers.

[Register](#)

[Watch Rachel's Promo Video](#)

Specialty Drug Update

This live webinar is eligible for HRCI, SHRM and CEBS credits.

Wednesday, February 27 @ 11:00 a.m. - 12:00 p.m. CST

High (specialty drug costs for treating some chronic conditions can be as high as \$1 million annually for a single plan member) and rising specialty drug costs have become the most important health plan cost driver for many employer groups. The entry of these drugs into the marketplace has raised important economic, health and ethical questions for all health plans.

[Register](#)

Danielle Capilla's Compliance Update

A Note From Our Director of Compliance, Employee Benefits

Keep track of all the various rates, plan limits and changes from 2018 to 2019 that apply to benefit plans with this guide. You can use this to help your clients prepare their benefit plans for 2019.

[Download 2019 Plan Guide](#)

Insights and Media



13 Statistics That Reveal the Shocking Price of Employee Turnover - and How to Combat It

It's common knowledge that replacing and training employees are costly tasks for an organization, but you'd be shocked to know just how high that cost is. Here are 13 statistics that shine a light on the true financial burdens turnover causes.

[Read More](#)

How Do We Design Workplaces That Support Mental Health And Well-Being

There is an increasing awareness of the importance of mental health and supporting well-being of employees in the workplace. According to the American Psychological Association (APA), a healthy workplace should include 5 components...

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Top 10 HR challenges of 2019

In recent years, a number of challenges have rapidly changed the way HR works, as transformations in society, government, culture, technology, communications and the legal landscape impact employers and the workplace.

[Read More](#)

The Future of Healthcare: A Roundtable Discussion

Changes in healthcare and the implications of the Affordable Care Act continue to receive attention in the news. And, from a practical standpoint, employers and their employees still have a lot of questions related to issues, such as obtaining the care that's needed, the scope of services covered and the costs.

[Read More](#)



Overview of ACA Reporting Requirements

In this webinar, Stacy H. Barrow, Esq. provides an overview of ACA reporting requirements that are applicable for both large employers and self-insured plans.

[View Recording](#)