

## EMPLOYEE BENEFITS NEWSLETTER

## Stay Up to Date with our December Employee Benefits Newsletter

Our monthly newsletter is designed to deliver you a curated list of legal updates, informative webinars and current insights.

### Upcoming Webinars



#### End Of Year Compliance Update

This live webinar is eligible for HRCI, SHRM and CEBS credits.

**Wednesday, December 19, 2018 @ 11:00 a.m. - 12:00 p.m. CST**

Join Stacy H. Barrow, Esq. for the final webinar of our 2018 series as he provides and overview of all things compliance in 2018. Attendees will receive an update on legal and regulatory changes under the ACA in 2018, a review of other agency guidance in 2018 applicable to health and welfare plans, an update on recent court cases affecting health and welfare plans, and what to expect in 2019.

[Register](#)

**Compliance Update from Danielle Capilla**



## **IRS Extends Deadline for Furnishing Form 1095, Extends Good-Faith Transition Relief**

The IRS continues to give employers a holiday season gift by providing additional time and good faith effort provisions to the annual pay or pay reporting that is due in early 2019. Employers should not count on any additional extensions and should work diligently to complete their reporting forms on time.

This alert is of interest to Applicable Large Employers (employers with 50 or more full-time equivalent employees) and employers of any size with self-insured plans.

[View Alert](#)

## **Insights and Media**



### **6 Rules for Dealing With the Holiday Season at Work**

The holiday season can be a very tricky time in the workplace. All those holiday parties, gift exchanges, feeding frenzies, and other holiday celebrations can get in the way of normal work activities, resulting in a significant loss of productivity.

[Read More](#)

### **Why You Should Stop Setting Easy Goals**

When setting team goals, many managers feel that they must maintain a tricky balance between setting targets high enough to achieve impressive results and setting them low enough to keep the troops happy.

[Read More](#)

### **How to Deal with Depression at Work**

Working with depression can feel like slogging through the mud. Try these strategies to help you

maintain professionalism and cope with your symptoms.

[Read More](#)

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## Top HR Tech Myths

Josh Hoover, from Benefit Technology Resources, will walk attendees through the top myths coming up in the HR Technology industry today. See whether these myths will be confirmed or debunked! [View Recording](#)

## Referenced Based Pricing

Pat brings his management experience of over thirty years in the insurance industry to provide attendees with database sources, plan document verbiage, provider acceptance, legal resources, and the acceptance trend. [View Recording](#)