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April 2019

Stay up to date with our April Employee Benefits Newsletter

Upcoming Webinars

The Business Case for Community Wellbeing

This live webinar is eligible for HRCI, SHRM and CEBS credits.

Wednesday, April 17 @ 12:00 p.m. PST

Gym discounts, FitBits, ping pong tables and free snacks are often viewed as perks of employment than meaningful ways to boost wellbeing. Though they can be fun and what we

think people want, there is a lack of evidence that they improve employee health over time and whether or not they are worth the investment.

[Register Here](#)

Danielle Capilla's Compliance Update

A Note From Our Director of Compliance, Employee Benefits

IRS Updates 1094-C and 1095-C Q&A

The IRS has updated their [informative Q&A](#) provided for employers on information reporting on Forms 1094-C and 1095-C. These Q&As answer some of the most commonly asked questions regarding the forms, and can assist employers with common situations that arise when completing the forms.

[For more updates, click here](#)

Insights and Media

Your employee benefits were 400 years in the making

The promise of opportunities to bring your dog to work or to take a break between meetings by playing ping-pong or hopping aboard a Peloton treadmill has become somewhat common in workplaces across the country.

[Read More](#)

When a Top Performer Wants to Leave, Should You Try to Stop Them?

You're the manager of a high-performing team of great people. The team has hit its stride; members have even developed a bit of a shorthand with each other that helps them weather challenges and nail deadlines.

[Read More](#)

15 Ways Employers Can Reduce Health Care Spending That Aren't Cost-Sharing

Last year, "the average annual [plan] premium for employer-based family coverage rose 5 percent to \$19,616, and for single coverage, premiums rose 3 percent to \$6,896," according to the National Conference of State Legislatures. The nonprofit National Business Group on Health projects that for 2019, the cost of providing medical and pharmacy benefits will rise 5 percent for the sixth consecutive year.

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OSHA: Safety & Health Programs in Construction

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Data Transfer Security

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Working with Captive Stop Loss Carriers

[View Recording](#)

