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Happy May!

We hope this newsletter will provide some resources to help you navigate through this unprecedented time.

Our COVID-19 dashboard includes all of our latest news and is updated daily as new resources are created.

[Access Our COVID-19 Dashboard](#)

Upcoming Webinars



LIVE: COVID-19: COBRA & ERISA Extensions

Thursday, May 7th @ 9 a.m. PST

Compliance experts, Stacy Barrow (MBWL) and Danielle Capilla (Alera Group) will provide an update on COBRA and ERISA extensions in relation to COVID-19. You won't want to miss this important discussion!

[Register](#)

LIVE: Q2 Quarterly Compliance Update: Cafeteria Plan Overview

Tuesday, May 12th @ 11 a.m. PST

Join Stacy Barrow (MBWL) and Danielle Capilla (Alera Group) for a quarterly compliance recap! You won't want to miss these trends from our industry experts.

Join us for an introduction to Section 125 “cafeteria” plans. We'll review the types of benefits that can and cannot be offered under a cafeteria plan, the rules for elections and election changes, and how to treat domestic partner coverage. We'll also cover the various nondiscrimination rules that apply to cafeteria plans and FSAs and how to correct mistakes and administrative errors.

[Register](#)

LIVE: Building a Global Mental Health Strategy for Multinationals

Wednesday, May 20th @ 9 a.m. PST

With mental health issues on the rise, companies globally are putting their attention on creating strategic change that can affect their bottom line, help them retain talent and reduce absence. In this Webinar, BAS' mental health consultant Petra Velzeboer, maps out a framework for strategically implementing change by creating a mentally healthy workplace culture.

This includes

- Understanding the mental health landscape

- The impact of poor mental health on your business
- The steps you can take to create change
- Advice on a mental health strategy framework

[Register](#)

Compliance Update



[Agencies Extend Deadline to Pay COBRA Premiums and Certain Other ERISA and Internal Revenue Codes Due to COVID-19](#)

Plans sponsors of group health plans should take care to understand these deadline extensions to prevent mistakes in the future, and work with any outside partners such as COBRA vendors, to ensure processes are updated accordingly to prevent misinformation from being passed on to plan participants.

To access all of our alerts, [click here.](#)

Insights & Media



CHROs Plan for an Abundant Talent Market Post-COVID

HR leaders have quickly pivoted from recruiting amid the lowest unemployment on record to managing a sea of change in how people work while planning for the post-COVID future.

[Read More](#)

COVID-19 Employer Pulse Survey

The Alera Group COVID-19 Employer Pulse Survey explores the impact of the pandemic and offers insights on how employers across the country are navigating employee health, benefits and human resources in these difficult times.

[Read More](#)

Mental Health and Coping with COVID-19

The outbreak of COVID-19 is stressful for many people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. These tips from the CDC can help employees navigate these difficult times.

[Read More](#)



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